



Freshman Parent Academy

Class of 2028

Fall 2024

WELCOME TO THE FAMILY



Ride For The Brand

*At San Juan Hills, we Ride for the Brand.
This means that SJHHS students:*

B

alance academics, activities,
and social/emotional needs.

R

espect and include those from all
backgrounds, cultures, and perspectives.

A

pply higher-level thinking skills to a broad
range of college and career contexts.

N

urture relationships with their communities
and positively contribute to society
as a whole.

D

edicate themselves to setting and
reaching meaningful goals.



Our Philosophy

- **High School is one of the most memorable times in our life.**
- **Learning is a process. We provide support to promote growth.**
- **School is community based.**
- **Balance academics, activities, & social emotional needs.**





Freshman Orientation

LINK CREW

***Coordinators: Ms. Moos
and Ms. Santala
Over 100 Student
Leaders***

Our goal:

- **To build relationships**
- **To encourage participation/involvement**
- **To make the transition to high school less intimidating!**





Activities

ASB Card, \$90

The ASB Card is an investment in your high school experience!
Best way to save money & participate in school activities.



Brooke Valderrama
Activities Director

**** See the activities page on the school's website for more activities information***



Upcoming Activities

Activities and Events for 2024-2025

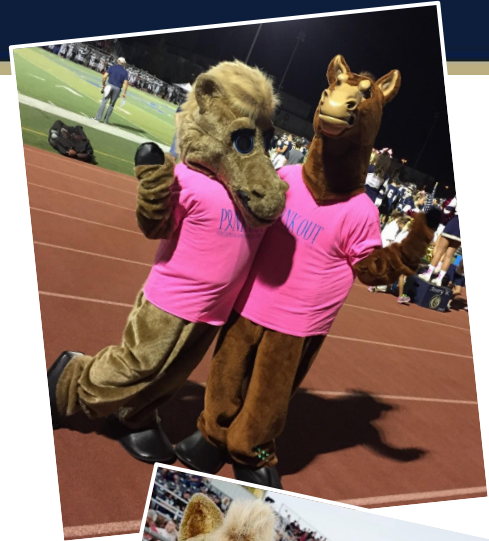
ASB is working hard to create fun and innovative activities and events for our Stallions. Here are some upcoming events!

- Week of Welcome - First week of school
- Freshman Tailgate - Before 1st home football game August 30th
- Club Rush (over 100 clubs in 23-24) - September 12-13 at lunch
- Homecoming Pep Rally and Halftime Show - September 20
- Homecoming Dance - September 21
- Lunchtime Activities/Intramurals - Mario Kart, pickleball, dodgeball, spikeball, & cornhole tournaments throughout the year

Connect now by joining our Instagrams:

sjhhsgram - ASB instagram

sjhhsclassof2028 - Freshman Class of 2028 instagram



*** See the activities page on the school's website for more activities information**



Guidance Department

- **Social/Emotional Support**
- **Academic Advising**
- **College and Career Advising**
- **Monitor student academic progress**
- **Testing**



Alexandra Easton
Assistant Principal
Guidance



School Counselors



Ms. Scherf
A – Ci



Mrs. Levinson
Cj – Go



Mr. Elenes
Gr – Lh



Ms. Yegsigian
Li-O



Mrs. Kessler
P- Sg



Mrs. Cassarino
Sh - Z



Guidance Department

Back To School Night:

Thursday, September 5th

Last Day to Drop/Level Classes:

At the 6 week mark, Friday, October 4th, 2024





Freshman Course Load

6 classes minimum requirement:

- English
- Science
- Math
- PE/Sport
- Elective/Language
- Health (Or 2nd Elective)





Graduation/College Requirements

CUSD Graduation Requirements

(Community College/Trade Tech)

- A **Social Science** – 3 Years (30 Credits)
- B **English** – 4 Years (40 Credits)
- C **Mathematics** – 3 Years (10 credits Algebra, 20 credits mathematics)
- D **Science** – 2 Years (10 credits Life Sci, 10 credits Physical Sci)
- E **World Language/Fine Arts/CTE**– 1 Year (10 credits)
- Electives – 65 credits
- PE - 2 Years (20 credits)
- Health – 1 Semester (5 credits)

UC / CSU Requirements

(A – G) -California Four Year University

- A **Social Science** – 2 Years
- B **English** – 4 years
- C **Mathematics** – 3 Years (**4 years recommended to include algebra I; geometry and algebra II/trig)
- D **Laboratory Science** – 2 Years (**3 years recommended to include one year biological; one year physical)
- E **World Language** – 2 Years (**3 years recommended)
- F **Visual Performing Art** – 1 Year
- G **Elective** – 1 Year

***Must have a C or better in each A-G course**



Bell Schedule

Late Start Mondays

School starts at 9:00 am

Traditional Day - Periods 1-6
(No zero period)

Block Schedule Tues-Fri

- Zero Period- Tues-Friday- 7:11am
- **1st and 2nd period starts at 8:30am**
- 91 minute periods *with 25 minute Tutorial each period*

SAN JUAN HILLS HIGH SCHOOL



BELL SCHEDULE 2024-2025

Monday Late Start Traditional-with PLC		
Period	Time	Min
Teachers PLC	8:00 – 8:50	50
1	9:00 – 9:48	48
Passing	9:48 - 9:58	10
2	9:58 – 10:46	48
Break	10:46 – 10:51	5
Passing	10:51 - 11:01	10
3	11:01 – 11:49	48
Passing	11:49 - 11:59	10
4	11:59 – 12:47	48
Lunch	12:47 – 1:22	35
Passing	1:22 - 1:32	10
5	1:32 – 2:20	48
Passing	2:20 - 2:30	10
6	2:30 – 3:18	48

Tuesday/Thursday		
Period	Time	Min
0	7:11 – 8:20	69
2	8:30 – 10:01	91
2T	10:01 – 10:26	25
Break	10:26 – 10:31	5
Passing	10:31 - 10:41	10
4	10:41 – 12:12	91
4T	12:12 – 12:37	25
Lunch	12:37 – 1:12	35
Passing	1:12 - 1:22	10
6	1:22 – 2:53	91
6T	2:53 – 3:18	25

Wednesday/Friday		
Period	Time	Min
0	7:11 – 8:20	69
1	8:30 – 10:01	91
1T	10:01 – 10:26	25
Break	10:26 – 10:31	5
Passing	10:31 - 10:41	10
3	10:41 – 12:12	91
3T	12:12 – 12:37	25
Lunch	12:37 – 1:12	35
Passing	1:12 - 1:22	10
5	1:22 – 2:53	91
5T	2:53 – 3:18	25

Weekly schedule can change.

Please refer to the Fall/Spring Block Schedule for specific dates and other changes.



First Few weeks of school

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 19-23	Pupil free day	Traditional- no PLC	Traditional- no PLC	0-2-4-6	0-1-3-5 Welcome Back Pep Rally
Aug 26-30	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Sep 2-6	Labor Day Holiday	0-2-4-6	0-1-3-5	0-2-4-6 Back to School Night	0-1-3-5 Minimum Day
Sep 9-13	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5

Monday 8/19 - No School

Tuesday 8/20 - Periods 0-6 (Zero- 7:11am, 1st- 8:30am)

Wednesday 8/21 - Periods 0-6 (Zero- 7:11am, 1st- 8:30am)

Thursday 8/22- Periods 0-2-4-6 (Zero- 7:11am, 2nd- 8:30am)

Friday 8/23 - Periods 0-1-3-5 (Zero- 7:11am, 1st- 8:30am)



SAN JUAN HILLS HIGH SCHOOL

FALL 2024 BLOCK SCHEDULE



DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 19-23	Pupil free day	Traditional- ^{no} PLC	Traditional- ^{no} PLC	0-2-4-6	0-1-3-5 <i>Welcome Back Pac Rally</i>
Aug 26-30	Traditional- ^{no} PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Sep 2-6	Labor Day Holiday	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Sep 9-13	Traditional- ^{no} PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Sep 16-20	Traditional- ^{no} PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5 <i>Homecoming Pac Rally</i>
Sep 23-27	Traditional- ^{no} PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Sep 30-Oct 4	Traditional- ^{no} PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5 <i>End 1st Prog Rep</i>
Oct 7-11	Traditional- ^{no} PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Oct 14-18	Traditional- ^{no} PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Oct 21-25	Traditional- ^{no} PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Oct 28- Nov 1	0-1-3-5	0-2-4-6	0-1-3-5	0-2-4-6	Pupil Free Day
Nov 4-8	Traditional- ^{no} PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Nov 11-15	Veteran's Day Holiday	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5 <i>End 2nd Prog Rep</i>
Nov 18-22	Traditional- ^{no} PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Nov 25-29	Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Recess
Dec 2-6	Traditional- ^{no} PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Dec 9-13	Traditional- ^{no} PLC	0-2-4-6	0-1-3-5	0-2-4-6	1-3-5 <i>Staff Activity</i>
Dec 16-20	Traditional- ^{no} PLC	Final Exams 0-2-4	Final Exams 0-3-5	Final Exams 0-1-6	Pupil Free Day

Traditional - No PLC Aug 20, 21		
0	7:11 – 8:20	69
1	8:30 – 9:24	54
2	9:34 – 10:28	54
Break	10:28 – 10:33	5
3	10:43 – 11:37	54
4	11:47 – 12:41	54
Lunch	12:41 – 1:16	35
5	1:26 – 2:20	54
6	2:30 – 3:24	54

Minimum Day Sept 6		
0	7:11 – 8:20	69
1	8:30 – 10:04	94
Passing	10:04 – 10:14	10
3	10:14 – 11:48	94
Break	11:48 – 11:53	5
Passing	11:53 – 11:58	10
5	12:03 – 1:37	94

FINALS Schedule December 17, 18, 19		
0 Period	7:11- 8:20	69
Test	8:30 - 11:00	150
Break	11:00 - 11:05	5
Passing	11:05 - 11:15	10
Test	11:15 - 1:45	150



Athletic Directors



Farrel Moore



Rob Frith

***Twitter and Instagram
@sjhhsathletics***



Sports Offered

FALL SPORTS

- Football
- Cross Country
- Girls Golf
- Surf
- Girls Volleyball
- Boys Water Polo
- Trad. Comp. Cheer
- Girls Tennis
- Girls Flag Football

WINTER SPORTS

- Boys Basketball
- Girls Basketball
- Boys Soccer
- Girls Soccer
- Girls Water Polo
- Wrestling

SPRING SPORTS

- Baseball
- Softball
- Boys Lacrosse
- Girls Lacrosse
- Swim & Dive
- Boys Golf
- Boys Tennis
- Boys Volleyball
- Track & Field
- Girls Beach Volleyball



Trying Out for a Sport?

- Your child will automatically be placed in PE 9 ACTIVITIES
- Go to SJHHS Athletics website (www.sjhstallions.com) for future tryout dates, coaches contact info, and athletic clearance info
- The sport will be added to your child's class schedule when they officially make the team
- Athletes receive PE credit while enrolled in their sport class
- Sports Physicals are needed for any student in a sport or tryout



Student Services

Student Services Assistant Principals



A - G

Vikash Desai



H - O

Amanda Bratcher



P-Z

Marie Finman



Student Services

School Resource Officer



Deputy Hicken



Student Services

- **Supporting student success**
- **Day-to-day school operations**
- **School safety**
- **Social/emotional student support**
- **Intervention**
- **Academic/Curricular Oversight**
- **Student restoration/discipline**





Tardy Policy

At San Juan Hills High School we believe that every minute of instructional time must be valued. In addition, we believe that students must learn skills which will prepare them for life after high school. We believe that one of those foundational skills is to be on time. Therefore we believe that it is imperative that students arrive to class on time. At San Juan Hills, we start on time.

Parent's Responsibility

Please be on time when dropping your child off at school

Student's Responsibility

Please be on time when walking to your next class



Student Dress & Grooming Standards

The Board of Trustees believes that appropriate dress and grooming contribute to a productive learning environment.

While individual expression is important- Student dress choices should respect the District's intent to sustain a community that is inclusive of a diverse range of identities. We are responsible for ensuring that student attire does not:

- Interfere with the health or safety of any student;
- Contribute to a hostile or intimidating atmosphere for any student;
- Contain drug, alcohol, profanity, or obscenity;
- Include gang-related apparel when there is evidence of a gang presence that disrupts or threatens to disrupt the school's activities.



Drop-off, Pick-Up, & Parking

- **Safety is always the foundational principle!**
- **Arrive early**
- **Drive safely**
- **Don't 'cut in line'**
- **Follow all traffic rules and staff direction**
- **Do not park in visitor spots during pick up**
- **Plan ahead—students should have books and materials ready and exit vehicles quickly**

It is everyone's responsibility to model safe driving as well as good citizenship. 😊



PARKING
STUDENT

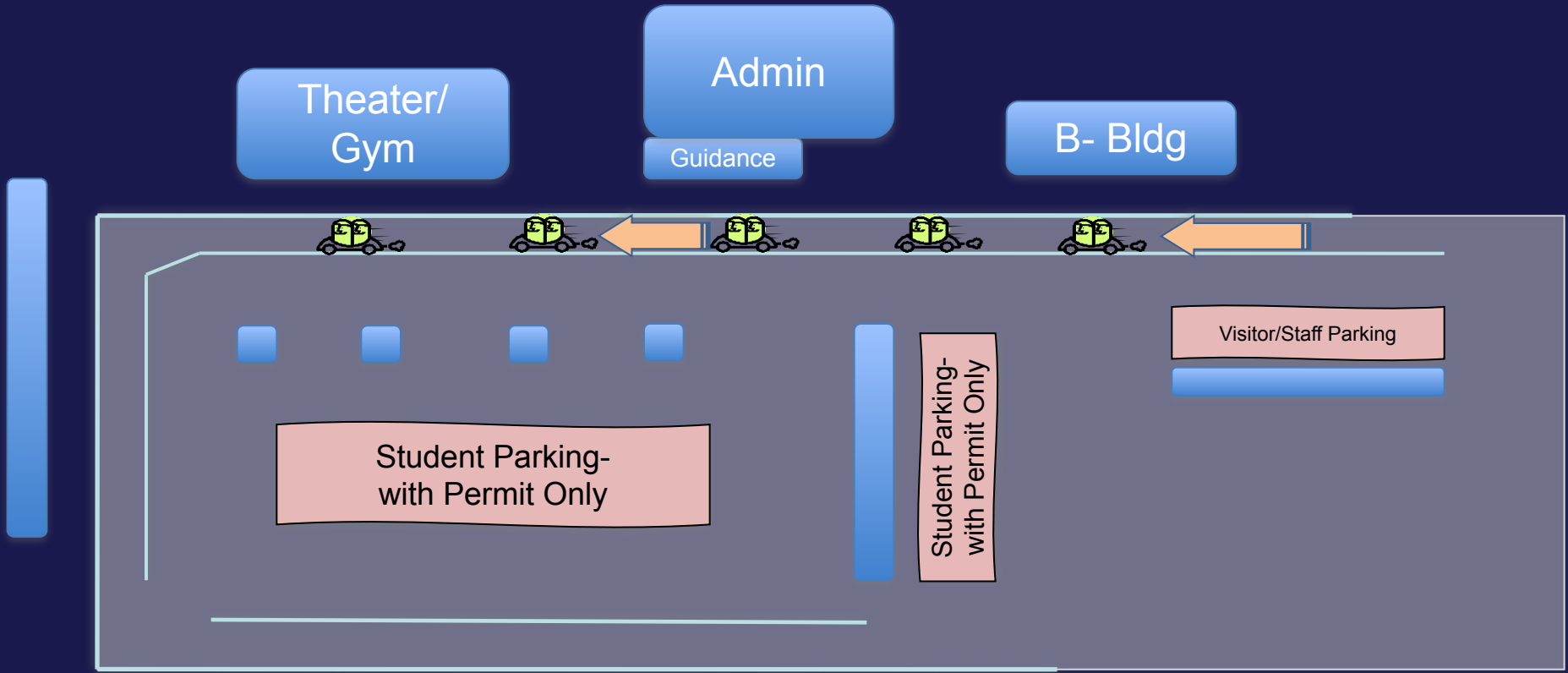


OFF
DROP

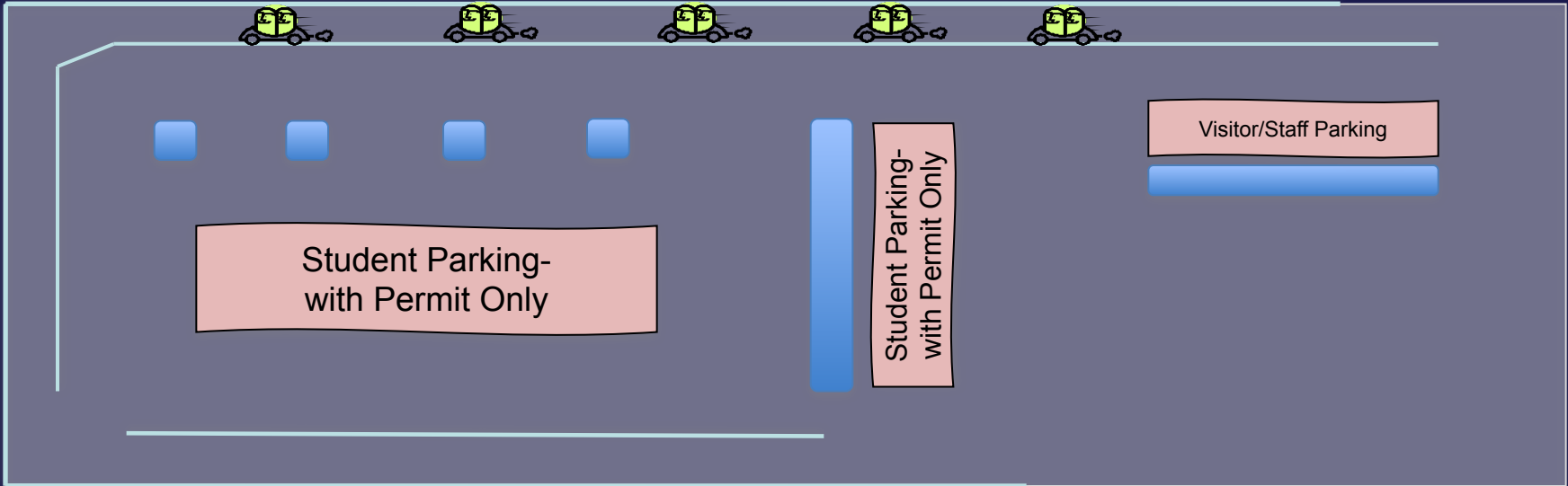
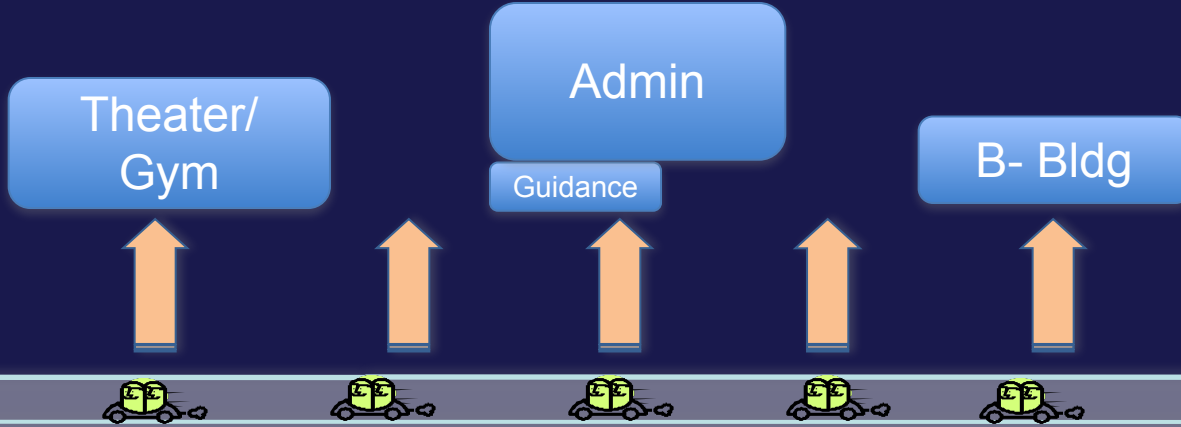


*No parking in red zones please 😊

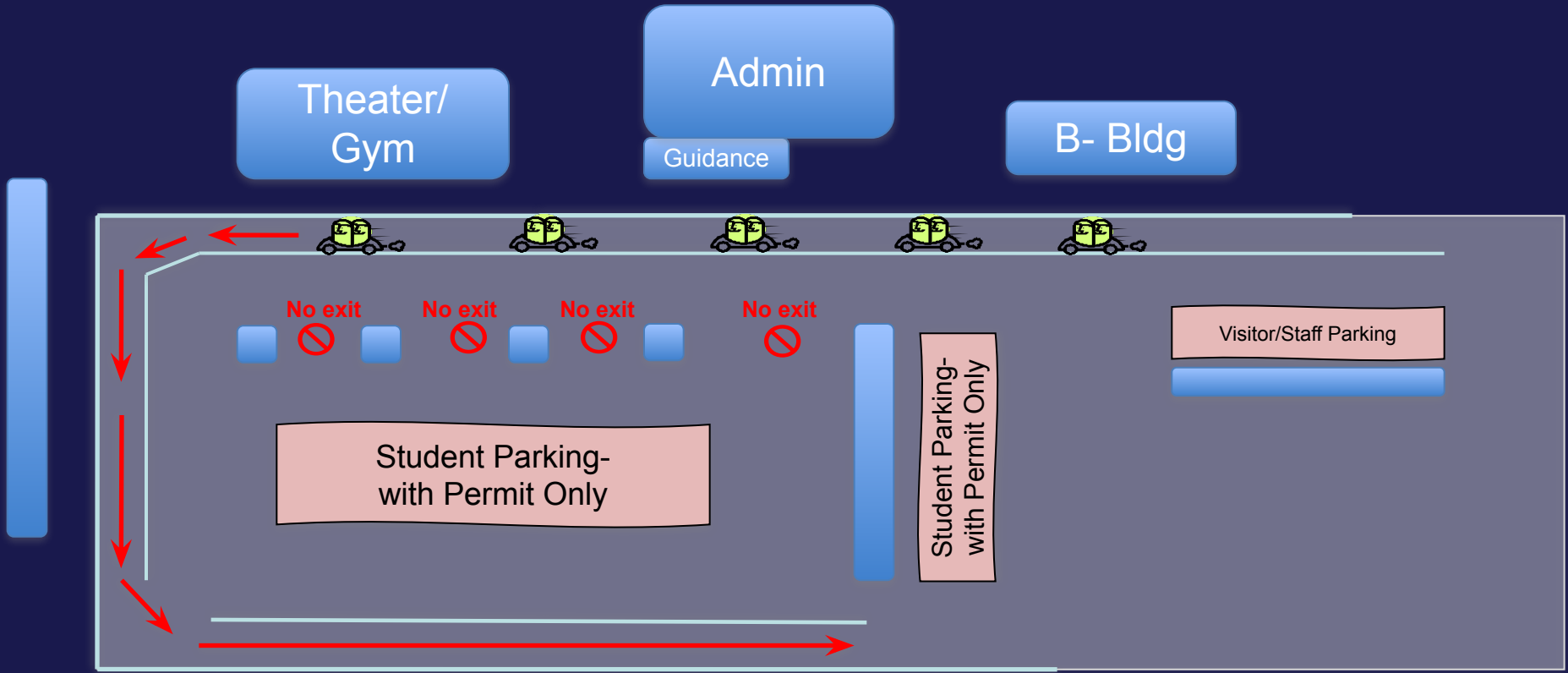
Morning Drop-off—all parents will drop off students in the right lane. Please pull forward as far as possible.



Morning Drop-off— Unload students quickly and safely.



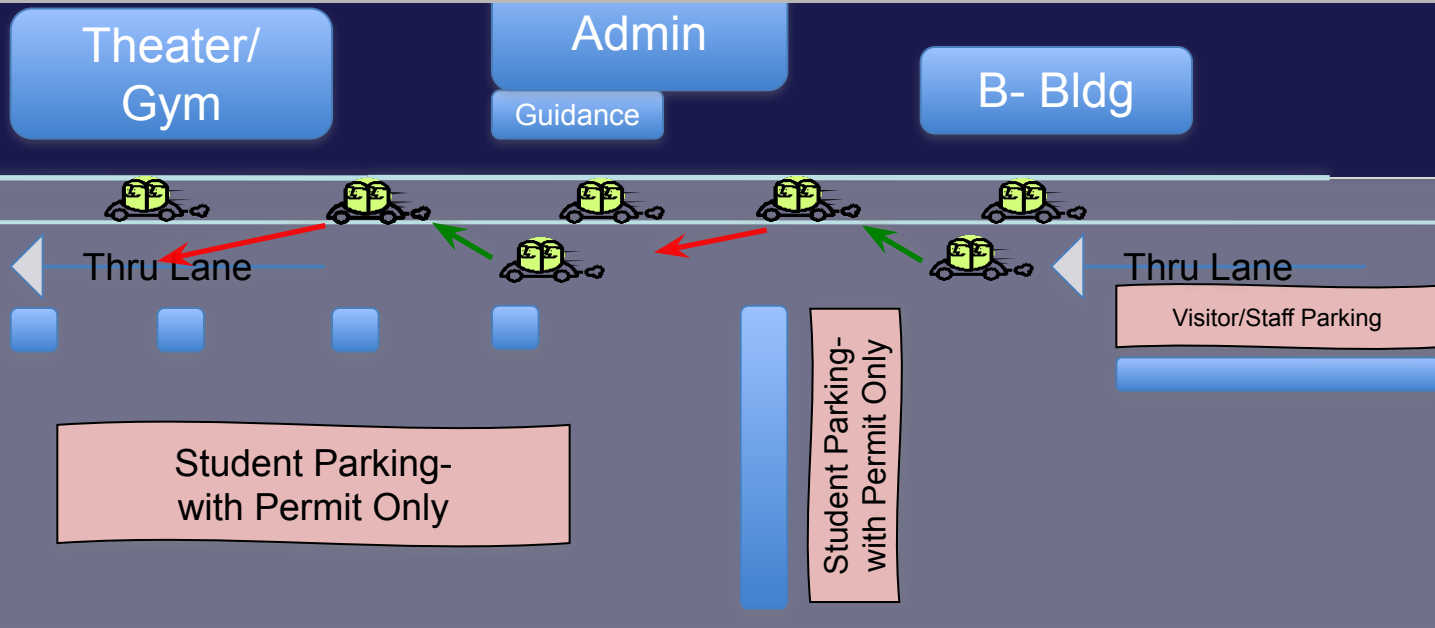
Morning Drop-off—After students are unloaded, exit around last row. *Do not exit through student rows.*



After School Pick Up

We will employ an “*airport style*” pick up system. The right lane is for picking up students; the left lane is a “thru traffic” lane.

Vehicles may be stopped in the right lane to await student ‘arrival.’ Drivers may pull in and out of the ‘Pick Up’ lane as space allows.....vehicles should not stop in the “thru traffic” lane!





School Communication

- **AERIES Parent Portal**
- **Canvas- Become an Observer**
- **School Website**
- **School Messenger**
- **Social Media**





AERIES Parent & Student Portal

- View daily attendance
- View 6, 12-week, and final semester grades
- View and print unofficial transcripts
- Monitor credits for high school graduation and college entrance
- View testing data

Register for a parent portal and student portal account by going to the district's/SJHHS website:
<https://portal.capousd.org/Portal.htm>

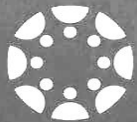
Capistrano Unified School District

A screenshot of the Aeries Student Information System login page. At the top right, there is a language dropdown menu set to 'English'. The Aeries logo, a stylized 'A' in a blue and red square, is positioned above the text 'Aeries' in a large blue font, with 'Student Information System' in a smaller red font below it. Below the logo is a white input field labeled 'Email'. Underneath the input field is a red button with the word 'NEXT' in white. At the bottom of the page, there are two links: 'Forgot Password?' and 'Create New Account'.



Learning Management System

- Class Lessons and Assignments
- Course Grades
- Class-time Conferences (Zoom)
- Email Communication
 - Be sure to create your own parent/guardian account separate from student



CANVAS





School Messenger

**Receive regular email updates regarding
important school matters**

Thursdays- School Newsletter
Guidance and Student Services Updates



Social Media

Follow SJHHS!

@OfficialSJHHS

@OfficialSJHHS

@OfficialSJHHS

@sjhhsgram (ASB)

@sjhhs_guidance





Parent Organizations

- **PTSA**
- **Performing Arts Boosters**
- **Academic Foundation**
- **Athletic Boosters**
- **ELAC** (English Learner Advisory Committee)



Information on all can be found at

www.sjhhs.org/Community



follow us!



@sanjuanhillssptsa



@sjhhsptsa

Cindy Morrone, PTSA President

- What we do...
- How we support students...
- How we support the school....
- How can parents get involved....



100% Volunteers



PTSA funds donation



Association Meetings

September 17, 2024

January 14, 2025

March 18, 2025

April 15, 2025

sjhhsptsa.com



Classroom Supply Stock-up for Staff Appreciation Week



SJH Academic Foundation

Scott Anderson, President

- What do we do?
 - Provide AP Tutoring and Review Session Hours
 - Scholarships to Juniors and Seniors
 - Fund Summer teacher training and conferences
 - Provide teachers with additional classroom resources
 - Calculators, novels, materials etc

Join Today!





SJH Boosters

Performing Arts- President Allison Kirkner

Athletics- President Blake Kubel

 SJHHS PERFORMING ARTS BOOSTERS



SAN JUAN HILLS HIGH SCHOOL
ATHLETIC BOOSTER CLUB
JOIN TODAY!





First Day Tips

Tips for a Successful First Day of School

Schedule

Positive Attitude

Coordinate with at least one friend to meet with at break or lunch



Thank You for Attending

**Your kids should be ready from Freshman
Orientation!**

**We know you and your family will have a great
experience at SJHS.**

Student store is now open in the upper quad



Presentation Slides QR

