



Freshmen Parent Academy Class of 2027

Fall 2023

WELCOME to the Family



Ride For The Brand

*At San Juan Hills, we Ride for the Brand.
This means that SJHHS students:*

- 
- B**alance academics, activities,
and social/emotional needs.
- R**espect and include those from all
backgrounds, cultures, and perspectives.
- A**pply higher-level thinking skills to a broad
range of college and career contexts.
- N**urture relationships with their communities
and positively contribute to society
as a whole.
- D**edicate themselves to setting and
reaching meaningful goals.

Our Philosophy

- **High School is one of the most memorable times in our life**
- **Learning is a process. We Provide support to promote growth.**
- **School is community based**
- **Balance academics, activities, & social emotional needs**





Freshman Orientation

Stallion Start-Up

***Coordinators: Ms. Moos
and Ms. Santala
55 Student Leaders***

Our goal:

- **To build relationships**
- **To encourage participation/involvement**
- **To make the transition to high school less intimidating!**





Activities

ASB Card, \$85

The ASB Card is an investment in your high school experience!
Best way to save money & participate in school activities.



Brooke Valderrama
Activities Director

**** See the activities page on the school's website for more activities information***



Upcoming Activities

Activities and Events for 2023-2024

ASB is working hard to create fun and innovative activities and events for our Stallions

Freshman tailgate (before 1st home football game August 18th)

Club rush (over 100 clubs in 22-23)- 3rd week of school at lunch

Homecoming pep rally and halftime show - 10/13

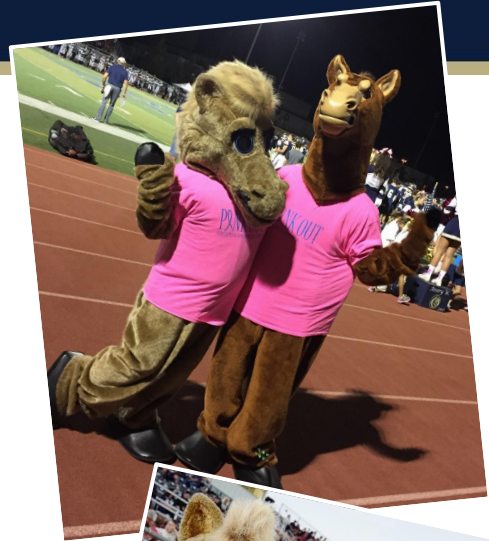
Homecoming Dance - 10/14

Lunch time activities/intramurals

Connect now by joining our Instagrams:

[sjhhsgram](#) - ASB

[sjhhsclassof2027](#) - Freshman Class of 2027





Guidance Department

- **Social/Emotional Support**
- **Academic Advising**
- **College and Career Advising**
- **Monitor student academic progress**
- **Testing**



Alexandra Easton
Assistant Principal
Guidance



School Counselors



Ms. Scherf
A – Ca



Mrs. Levinson
Ce – F



Mr. Elenes
G – Je



Ms. Jordheim
Ji - Mc



Mrs. Butler
Me - Pl



Mrs. Kessler
Po - Sm



Mrs. Cassarino
Sn - Z



Guidance Department

Back To School Night:

Thursday, September 7th

Last Day to Level Classes:

At the 6 week mark, Friday September 29th, 2023





Freshman Course Load

6 classes minimum requirement:

- English
- Science
- Math
- Health
- PE/Sport
- Elective





Bell Schedule

Late Start Mondays

School starts at 9:00 am

Traditional Day - Periods 1-6
(No zero period)

Block Schedule Tues-Fri

- Zero Period- Tues-Friday- 7:11am
- **1st and 2nd period starts at 8:30am**
- 91 minute periods *with 25 minute Tutorial each period*

SAN JUAN HILLS HIGH SCHOOL



BELL SCHEDULE 2023-2024

Monday Late Start Traditional-with PLC		
Period	Time	Min
Teachers PLC	8:00 – 8:50	50
1	9:00 – 9:48	48
Passing	9:48 – 9:58	10
2	9:58 – 10:46	48
Break	10:46 – 10:51	5
Passing	10:51 - 11:01	10
3	11:01 – 11:49	48
Passing	11:49 - 11:59	10
4	11:59 – 12:47	48
Lunch	12:47 – 1:22	35
Passing	1:22 - 1:32	10
5	1:32 – 2:20	48
Passing	2:20 - 2:30	10
6	2:30 – 3:18	48

Tuesday/Thursday		
Period	Time	Min
0	7:11 – 8:20	69
2	8:30 – 10:01	91
2T	10:01 – 10:26	25
Break	10:26 – 10:31	5
Passing	10:31 - 10:41	10
4	10:41 – 12:12	91
4T	12:12 – 12:37	25
Lunch	12:37 – 1:12	35
Passing	1:12 - 1:22	10
6	1:22 – 2:53	91
6T	2:53 – 3:18	25

Wednesday/Friday		
Period	Time	Min
0	7:11 – 8:20	69
1	8:30 – 10:01	91
1T	10:01 – 10:26	25
Break	10:26 – 10:31	5
Passing	10:31 - 10:41	10
3	10:41 – 12:12	91
3T	12:12 – 12:37	25
Lunch	12:37 – 1:12	35
Passing	1:12 - 1:22	10
5	1:22 – 2:53	91
5T	2:53 – 3:18	25



First Few weeks of school

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 14-18	Pupil free day	Traditional- no PLC	Traditional- no PLC	0-2-4-6	0-1-3-5
Aug 21-25	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Aug 28-Sep 1	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Sep 4-8	Labor Day Holiday	0-2-4-6	0-1-3-5	0-2-4-6 Back to School Night	0-1-3-5 Minimum Day

Monday 8/14 - No School

Tuesday 8/15 - Periods 0-6 (Zero- 7:11am, 1st- 8:30am)

Wednesday 8/16 - Periods 0-6 (Zero- 7:11am, 1st- 8:30am)

Thursday 8/17- Periods 0-2-4-6 (Zero- 7:11am, 2nd- 8:30am)

Friday 8/18 - Periods 0-1-3-5 (Zero- 7:11am, 1st- 8:30am)



SAN JUAN HILLS HIGH SCHOOL

FALL 2023 BLOCK SCHEDULE



DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 14-18	Pupil free day	Traditional- no PLC	Traditional- no PLC	0-2-4-6	0-1-3-5
Aug 21-25	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Aug 28-Sep 1	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Sep 4-8	Labor Day Holiday	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Sep 11-15	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Sep 18-22	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Sep 25-29	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5 End 1 st Prog Rep
Oct 2-6	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Oct 9-13	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5 Homecoming Post Rally
Oct 16-20	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Oct 23-27	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Oct 30- Nov 3	Traditional-w/PLC	Traditional- no PLC	Pupil Free Day	0-2-4-6	0-1-3-5
Nov 6-10	0-1-3-5	0-2-4-6	0-1-3-5	0-2-4-6 End 2 nd Prog Rep	Veteran's Day Holiday
Nov 13-17	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Nov 20-24	Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Recess
Nov 27-Dec 1	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Dec 4-8	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	0-1-3-5
Dec 11-15	Traditional-w/PLC	0-2-4-6	0-1-3-5	0-2-4-6	1-3-5 Staff Activity
Dec 18-22	Traditional-w/PLC	Final Exams 0-2-4	Final Exams 0-3-5	Final Exams 0-1-6	Pupil Free Day

Traditional - No PLC Aug 15, 16, Oct 31		
0	7:11 – 8:20	69
1	8:30 – 9:24	54
2	9:34 – 10:28	54
Break	10:28 – 10:33	5
3	10:43 – 11:37	54
4	11:47 – 12:41	54
Lunch	12:41 – 1:16	35
5	1:26 – 2:20	54
6	2:30 – 3:24	54

Minimum Day Sept 8		
0	7:11 – 8:20	69
1	8:30 – 10:04	94
Passing	10:04 – 10:14	10
3	10:14 – 11:48	94
Break	11:48 – 11:53	5
Passing	11:53 – 11:58	10
5	12:03 – 1:37	94

FINALS Schedule December 19, 20, 21		
0 Period	7:11- 8:20	69
Test	8:30 - 11:00	150
Break	11:00 - 11:05	5
Passing	11:05 - 11:15	10
Test	11:15 - 1:45	150





Athletic Directors



Farrel Moore



Rob Frith

***Twitter and Instagram
@sjhhsathletics***



Sports Offered

FALL SPORTS

- Football
- Cross Country
- Girls Golf
- Surf
- Girls Volleyball
- Boys Water Polo
- Cheer / Song
- Girls Tennis
- Girls Flag Football

WINTER SPORTS

- Boys Basketball
- Girls Basketball
- Boys Soccer
- Girls Soccer
- Girls Water Polo
- Wrestling

SPRING SPORTS

- Baseball
- Softball
- Boys Lacrosse
- Girls Lacrosse
- Swim & Dive
- Boys Golf
- Boys Tennis
- Boys Volleyball
- Track & Field
- Girls Beach Volleyball



Trying Out for a Sport?

- Your child will automatically be placed in PE 9 ACTIVITIES.
- Go to SJHHS Athletics website (www.sjhstallions.com) for future tryout dates, coaches contact info, and athletic clearance info
- The sport will be added to your child's class schedule when they officially make the team
- Athletes receive PE credit while enrolled in their sport class
- Sports Physicals are needed for any student in a sport or tryout



Student Services

Student Services Assistant Principals



A - G

Brian Brosamer



H - O

Amanda Bratcher



P-Z

Katie Wegner



Student Services

School Resource Officer



Deputy Hicken



Student Services

- **Supporting student success**
- **Day-to-day school operations**
- **School safety**
- **Social/emotional student support**
- **Intervention**
- **Academic/Curricular Oversight**
- **Student restoration/discipline**





Tardy Policy

At San Juan Hills High School we believe that every minute of instructional time must be valued. In addition, we believe that students must learn skills which will prepare them for life after high school. We believe that one of those foundational skills is to be on time. Therefore we believe that it is imperative that students arrive to class on time. At San Juan Hills, we start on time.

Parent's Responsibility

Please be on time when dropping your child off at school

Student's Responsibility

Please be on time when walking to your next class



Student Dress & Grooming Standards

The Board of Trustees believes that appropriate dress and grooming contribute to a productive learning environment.

While individual expression is important- Student dress choices should respect the District's intent to sustain a community that is inclusive of a diverse range of identities. We are responsible for ensuring that student attire does not:

- Interfere with the health or safety of any student;
- Contribute to a hostile or intimidating atmosphere for any student;
- Contain drug, alcohol, profanity, or obscenity;
- Include gang-related apparel when there is evidence of a gang presence that disrupts or threatens to disrupt the school's activities.



Drop-off, Pick-Up, & Parking

- **Safety is always the foundational principle!**
- **Arrive early**
- **Drive safely**
- **Don't 'cut in line'**
- **Follow all traffic rules and staff direction**
- **Do not park in visitor spots during pick up**
- **Plan ahead—students should have books and materials ready and exit vehicles quickly**

It is everyone's responsibility to model safe driving as well as good citizenship. 😊



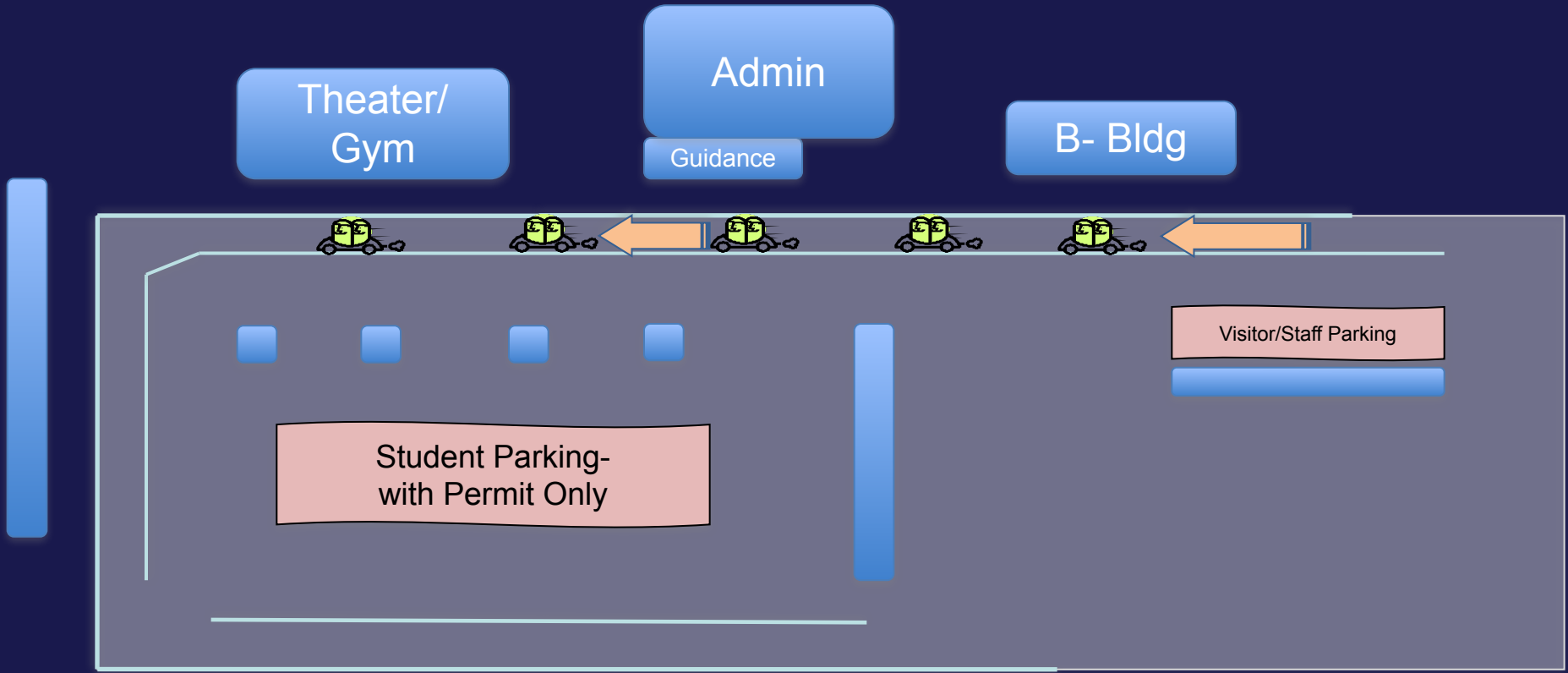
Parking Video



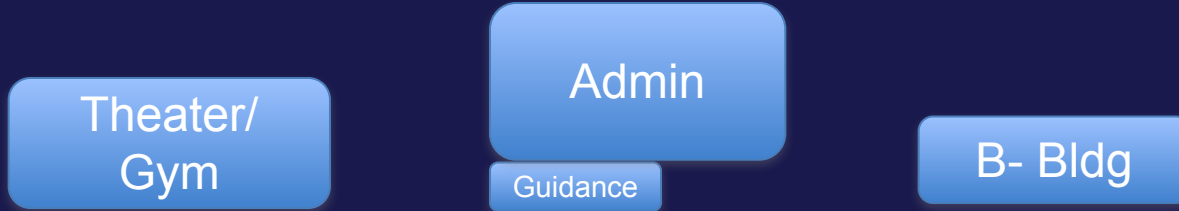




Morning Drop-off—all parents will drop off students in the right lane. Please pull forward as far as possible.



Morning Drop-off— Unload students quickly and safely.

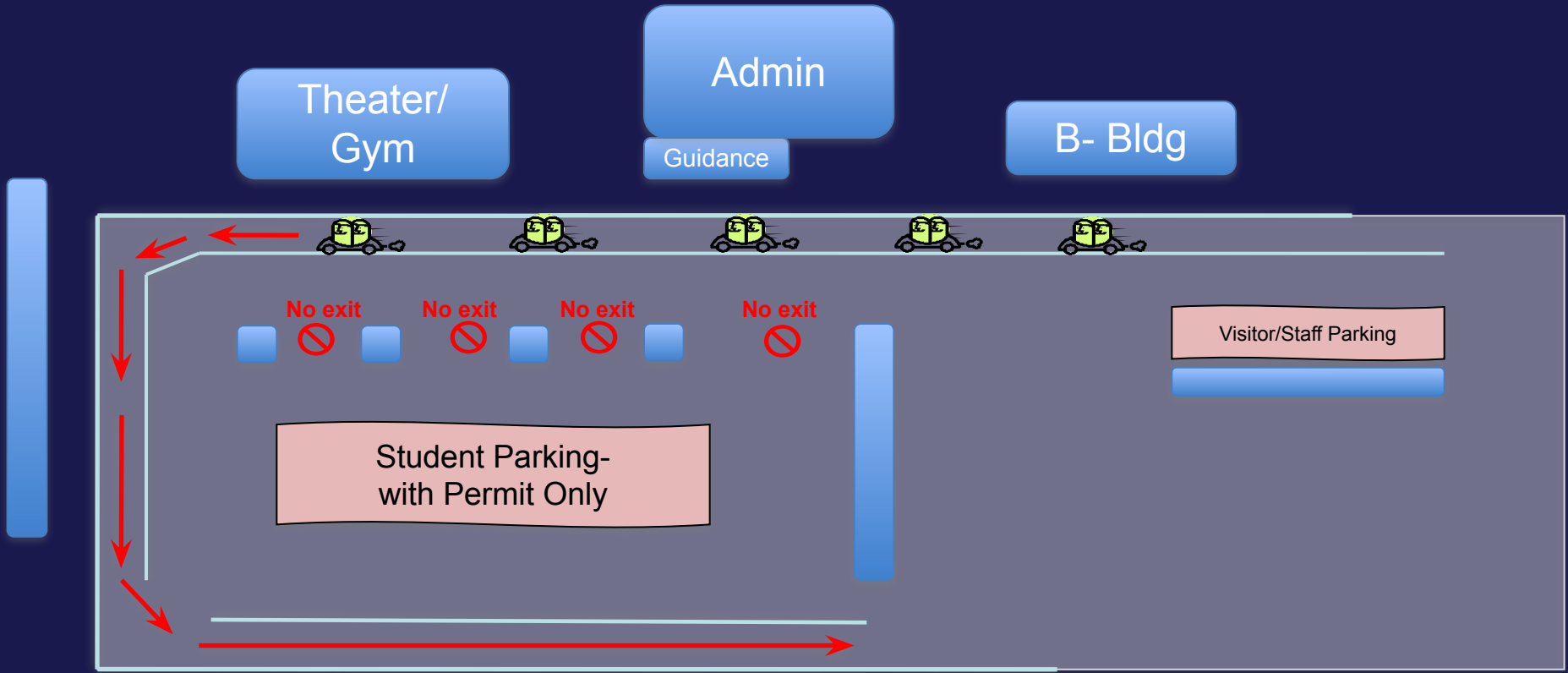


Student Parking-
with Permit Only

Visitor/Staff Parking



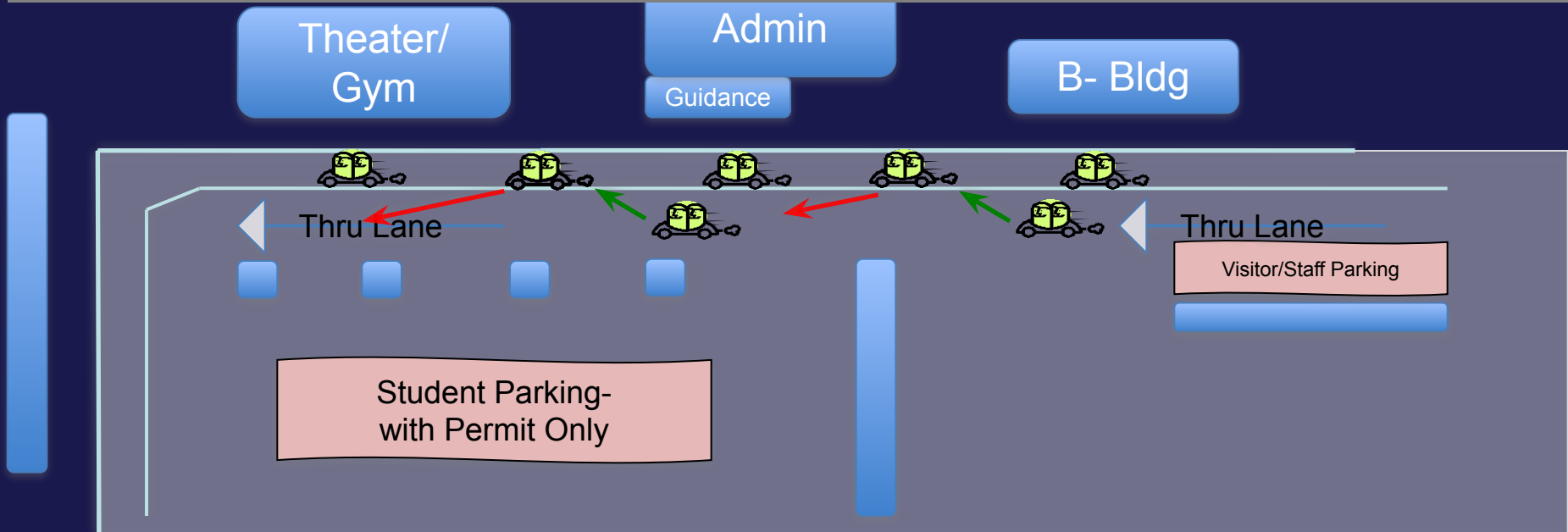
Morning Drop-off—After students are unloaded, exit around last row. *Do not exit through student rows.*



After School Pick Up

We will employ an “*airport style*” pick up system. The right lane is for picking up students; the left lane is a “thru traffic” lane.

Vehicles may be stopped in the right lane to await student ‘arrival.’ Drivers may pull in and out of the ‘Pick Up’ lane as space allows.....vehicles should not stop in the “thru traffic” lane!





School Communication

- **AERIES Parent Portal**
- **Canvas- Become an Observer**
- **School Website**
- **School Messenger**
- **Social Media**





AERIES Parent & Student Portal

- View daily attendance
- View 6, 12-week, and final semester grades
- View and print unofficial transcripts
- Monitor credits for high school graduation and college entrance
- View testing data

Register for a parent portal and student portal account by going to the district's/SJHHS website:
<https://portal.capousd.org/Portal.htm>

Capistrano Unified School District

A screenshot of the Aeries Student Information System login page. At the top right, there is a language dropdown menu set to "English". The Aeries logo, a stylized 'A' in a blue and red square, is positioned above the text "Aeries" in a large blue font, with "Student Information System" in a smaller red font below it. Below the logo is a white input field labeled "Email". Underneath the input field is a red button with the word "NEXT" in white. At the bottom of the page, there are two links: "Forgot Password?" and "Create New Account".



School Messenger

**Receive regular email updates regarding
important school matters**

Wednesdays - *Guidance Newsletter*

Fridays - *School Newsletter*

You may sign-up now on the school's homepage.

All you need is a working email address.

<https://asp.schoolmessenger.com/capistrano/subscriber/>

How to sign-up for School Messenger - [LINK](#)



Social Media

Follow SJHHS!

@OfficialSJHHS

@OfficialSJHHS

@OfficialSJHHS

@sjhhsgram (ASB)

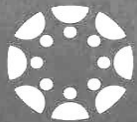
@sjhhs_guidance





Learning Management System

- Class Lessons and Assignments
- Course Grades
- Class-time Conferences (Zoom)
- Email Communication
 - Be sure to create your own parent/guardian account separate from student



CANVAS





Parent Organizations

- **PTSA**
- **Performing Arts Boosters**
- **Academic Foundation**
- **Athletic Boosters**
- **ELAC** (English Learner Advisory Committee)



Information on all can be found at

www.sjhhs.org/Community



Cindy Morrone, PTSA President

- What we do..
- How we support students...
- How we support the school....
- How can parents get involved....

follow us!



@sanjuanhillspsta



@sjhspsta



SJH Academic Foundation

Palin Harrington, President

- Become a Founding Family - Trailblazer \$1000+
 - Mission Bells \$500+
 - Swallows \$250+
 - Ortega \$100+
 - \$25+ Donation Large SJH Academic Car Decal
- Classroom Technology
 - College Planning & Admission Assistance
 - After School Expert Tutors



First Day Tips

Tips for a Successful First Day of School

Schedule

Positive Attitude

Coordinate with at least one friend to meet with at break or lunch



Thank You for Attending

Your kids should be ready from Freshman Orientation!

We know you and your family will have a great experience at SJHS.

Student store is now open in the upper quad



Presentation Slides

